" Words are **curious creatures.** They sit and wait **to be read** and explode into a world of **imagination**. A world where life is a video game, where Elvis is still king, people sleep under cow catchers, imaginary friends come to life, rainbows become more **colourful**, and recovery is forever hurtling through the horizon."

**The Poetry Prescription** is a 2016 collection from Bradgate Writers, the group behind the hugely successful *A Visitor Calls,* in which the authors reflect on peace, hobbies, contentment, and pathways to recovery. Accompanying artwork from Arts Café brings the collection's message of hope to vibrant visual life.

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